

Walk no:- SGW25	Distance Miles/kms 2.5 miles (4 kms)	<u>Degree of difficulty -</u> Easy <u>Circular or linear</u> Circular <u>OS Explorer Map Number</u> 105	<u>Terrain</u> Hard footpath and grass with river views.
Brief description highlighting character of the walk			
A walk around the National Trust land at Trelissick and along the banks of the River Fal.			
Public transport information			
Ferry from Falmouth to Trelissick..			
Nearest Toilets and Nearest Disabled Toilets			
Toilets and shop in the grounds of Trelissick.			
Nearest Car parks and Nearest Car Parks with disabled provision			
At Trelissick			
Nearest refreshments			
At Trelissick			
Further information			
1. TIC's in St Mawes at the Square 01326 270440, Falmouth on Prince of Wales Pier TR11 3DF 0905 3254534 and in Truro Boscawen Street TR1 2NE 01872 274 766 .			



Detailed description highlighting character of the walk and what to look for.



Starting off from the National Trust Trelissick car park walk through the long metal gates, south, down the concrete path towards the water until you get to a t junction 100 metres down. The path to the beach then continues at a 45-degree angle downhill on the grass. Ignore the concrete path going left or right. You will start to see the beach as one reaches the brow of the hill.

Trelissick was originally a farm and through a succession of owners, including the mining family of Thomas “Guinea-a-minute” Daniell, the estate with its large house, formal grounds and paths were created. Other owners include Viscount Falmouth of Tregothnan and the Copeland’s, owners of the Spode china company, who in the 1950’s bequeathed the land to the National Trust.

At the bottom of the hill is Channals Creek and the opposite bank is Turnaware Point one of the embarkation points for the D-Day landings. The Americans built a concrete drive of over a mile all the way down to the point from Carwarthen up on the hill opposite. Channals Creek enjoys a great view down the Carrick Roads to the entrance between Falmouth and St Mawes.

Keeping to the foreshore take the path to the left. There are a variety of trees from old oaks, yews, hazel, ash and beech and after about twenty minutes you arrive at the King Harry Ferry. Do not take the zig zag path on the right but continue around the corner veering left as though you are going into the gardens of Trelissick. There are steps to the right down to the road leading to the ferry. Across the road is a sign that says woodland walk. Walk up the steps and take the path with the river on the right. Here at the bend in the river there are often very large ocean going ships at anchor. To see such large vessels in the confines of the thin valley underlines the fact that the Fal is a Ria, a deep-water river valley originally cut out by ice melt water before the sea levels rose. Fjord like it is extremely deep and often as many as 6 ships will be at this point in the river.

The path bends to the left into Lamouth Creek and on the opposite side of the creek is another path that takes you to the Iron Age Roundwood settlement. It is worth a detour and would add about an hour to this short walk. As one gets to the head of the creek you will see the bridge that takes you over to Roundwood. Before this on the path is a sign indicating that straight ahead is Wrinkling Lane. To the left is Trelissick via a zig zag path uphill. Take this path to the left. With views back up the Fal River you come out onto the main road. Cross it going through the gate at the Old Lodge and turn left into the field descending down to a gate that goes back to the car park.

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