

Walk no:- SGW13	Distance Miles/kms 3 miles	<u>Degree of difficulty -</u> Easy to Moderate <u>Circular or linear</u> Linear and circular <u>OS Explorer Map Number</u> 103	<u>Terrain</u> Coast Path, slate paths and road with one steep climb up from Durgan..
Brief description highlighting character of the walk			
Start off from Helford Passage at the Ferryboat Inn walking along the north side of the Helford River to Durgan past the beach at Trebah. Wonderful views of the Helford River. Explore this lovely village and from Durgan walk up the hill past Glendurgan and Trebah gardens and then down the road back to Helford Passage (bottom right photo below).			
Public transport information Bus from Falmouth is the 500.			
Nearest Toilets and Nearest Disabled Toilets Ask at the Ferryboat Inn. A lavatory at Durgan village.			
Nearest Car parks and Nearest Car Parks with disabled provision Car park above the Ferryboat Inn.			
Nearest refreshments Ferryboat Inn and Trebah Gardens cafe			
Further information 1. TIC's in Falmouth on Prince of Wales Pier TR11 3DF 0905 3254534, St Mawes at the Square 01326 270440 and in Truro Boscawen Street TR1 2NE 01872 274 766 .			



Detailed description highlighting character of the walk and what to look for.

Take the bus out to the crossroads at Helford Passage and walk down the road to the beach at Helford Passage. Bar Road is on your right and opposite is the view of the mouth of the Helford River (below right).



From the Ferryboat Inn walk along the river taking the gate that is accessed along the wall where the road goes up hill to the left. The gate leads to open land. Walk uphill. The blackthorns are on your right all along this stretch so one can pick sloes and blackberries in season.

The Helford river crossing has a long history from the 13th Century when the Bishops of Exeter had a priory at St Keverne and this was the best place to cross over to the Lizard peninsula as opposed to going around via Gweek. The Helford river is a deep-water river valley or Ria and is home to the very tasty Helford Oyster and you will often see the oyster boat going up and down river. There are 42kms of shoreline on the river with seven creeks including the famous Frenchmans Creek made famous by Daphne DuMaurier.

Walk down the wide concrete path to the beach at Trebah. This path was a road laid down by the Americans in the 2nd World War for the embarkation of troops and machinery for the D Day landings on the Normandy beaches. Similar roads can be seen in Falmouth town itself and at Turnaware point on the Roseland peninsula.

Continue past the beach and along the riverside to Durgan. The Fox family sent plant hunters around the world in the 19th century for their gardens at Trebah and Glendurgan. The results can still be seen today. The Quaker family were intent on ensuring that their workers were provided for and educated and so they built the school house in Durgan.

From Durgan walk up the hill for twenty minutes past the entrance to Trebah where the café requires no entry fee. Don't take the main path into the car park but walk past the entrance where the path goes up to the crossroads. Turn left down the road past Bar Road down to Helford Passage again.

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